

# 18. Fürstenwalder Cross-Duathlon

Alt Golm - 14.03.2009

## Übersicht der Auswertung - Sprint-Duathlon - 6km /18km /3km

| Platz | Plw | Plm | StNr. | Name, Vorname         | Verein                      | Geb. AK      | Lauf 1        | Rad           | Lauf 1        | Lauf 2        | Endzeit  | Rückst.  |
|-------|-----|-----|-------|-----------------------|-----------------------------|--------------|---------------|---------------|---------------|---------------|----------|----------|
| 1     | 1   |     | 458   | Linke, Falk           | TLV Rangsdorf               | 1981M25 (1)  | 00:20:58 (1)  | 00:42:30 (4)  | 01:03:29 (2)  | 00:12:46 (1)  | 01:16:15 | 00:00:00 |
| 2     | 2   |     | 473   | Sommer, Uwe           | SV-Turbine-Neubrandenburg   | 1967M40 (1)  | 00:22:06 (3)  | 00:40:45 (1)  | 01:02:51 (1)  | 00:13:30 (3)  | 01:16:22 | 00:00:06 |
| 3     | 3   |     | 469   | Reinert, Markus       | BSV-Friesen                 | 1973M35 (1)  | 00:22:49 (4)  | 00:41:54 (3)  | 01:04:44 (3)  | 00:13:32 (4)  | 01:18:16 | 00:02:01 |
| 4     | 4   |     | 484   | Reinwald, Jens        | TV Fürstenwalde             | 1972M35 (2)  | 00:23:01 (6)  | 00:43:09 (5)  | 01:06:11 (5)  | 00:14:04 (6)  | 01:20:15 | 00:03:59 |
| 5     | 5   |     | 411   | Blaue, Jan            | TriathlonFreunde Wittenberg | 1983M25 (2)  | 00:24:13 (16) | 00:41:19 (2)  | 01:05:33 (4)  | 00:14:49 (13) | 01:20:23 | 00:04:07 |
| 6     | 6   |     | 480   | Sommer, Marco         | BSV Friesen                 | 1973M35 (3)  | 00:21:00 (2)  | 00:47:09 (9)  | 01:08:10 (6)  | 00:13:28 (2)  | 01:21:39 | 00:05:23 |
| 7     | 7   |     | 457   | Laschinsky, Maico     | BSV Friesen                 | 1991MJun (1) | 00:23:43 (11) | 00:46:46 (8)  | 01:10:29 (8)  | 00:14:23 (10) | 01:24:53 | 00:08:37 |
| 8     | 8   |     | 455   | Körber, Roland        | RSV Lutherstadt Wittenberg  | 1983M25 (3)  | 00:22:57 (5)  | 00:47:55 (11) | 01:10:52 (9)  | 00:14:18 (9)  | 01:25:11 | 00:08:55 |
| 9     | 9   |     | 452   | Götze, Björn          | TEAMWORK Berlin             | 1972M35 (4)  | 00:25:08 (21) | 00:44:42 (6)  | 01:09:50 (7)  | 00:15:41 (20) | 01:25:32 | 00:09:16 |
| 10    | 10  |     | 416   | Bohnhardt, Tobias     | Berlin Chemie Adlershof     | 1984M25 (4)  | 00:23:12 (9)  | 00:48:05 (12) | 01:11:18 (10) | 00:15:22 (19) | 01:26:40 | 00:10:24 |
| 11    | 11  |     | 417   | Bruckhuisen, Mario    | Frankfurt(Oder)             | 1976M30 (1)  | 00:25:14 (22) | 00:46:09 (7)  | 01:11:24 (11) | 00:15:49 (22) | 01:27:13 | 00:10:58 |
| 12    | 12  |     | 472   | Seiler, Heiko         | TSG Seelow                  | 1971M35 (5)  | 00:23:03 (7)  | 00:50:28 (20) | 01:13:31 (12) | 00:14:05 (7)  | 01:27:37 | 00:11:21 |
| 13    | 13  |     | 482   | Schaepe, Lutz         | BSG Pneumant Fürstenwalde   | 1966M40 (2)  | 00:24:47 (18) | 00:49:52 (15) | 01:14:40 (17) | 00:14:03 (5)  | 01:28:43 | 00:12:27 |
| 14    | 14  |     | 456   | Krause, Thilo         | MSV TRIPOINT Ffo.           | 1966M40 (3)  | 00:24:06 (14) | 00:50:15 (17) | 01:14:21 (14) | 00:14:32 (11) | 01:28:53 | 00:12:37 |
| 15    | 15  |     | 479   | Möllmann, Jörg        | Schwedter Hasen             | 1965M40 (4)  | 00:24:46 (17) | 00:49:27 (14) | 01:14:13 (13) | 00:15:11 (17) | 01:29:24 | 00:13:09 |
| 16    | 16  |     | 477   | Kretschmer, Olaf      | TV Fürstenwalde             | 1958M50 (1)  | 00:24:04 (13) | 00:50:23 (19) | 01:14:27 (15) | 00:14:58 (14) | 01:29:26 | 00:13:10 |
| 17    | 17  |     | 428   | Dükert, Daniel        | TV Fürstenwalde             | 1977M30 (2)  | 00:26:52 (28) | 00:47:44 (10) | 01:14:36 (16) | 00:15:14 (18) | 01:29:51 | 00:13:36 |
| 18    | 18  |     | 475   | Wegner, Frank         | TSV Cottbus                 | 1959M50 (2)  | 00:25:08 (20) | 00:49:56 (16) | 01:15:04 (19) | 00:15:08 (16) | 01:30:13 | 00:13:57 |
| 19    | 19  |     | 487   | Elkurdi, Kamal        | WHISMALS                    | 1974M35 (6)  | 00:26:17 (26) | 00:48:29 (13) | 01:14:46 (18) | 00:16:46 (28) | 01:31:33 | 00:15:17 |
| 20    | 20  |     | 424   | Burmeister, Burkhardt | Schwedter Hasen             | 1963M45 (1)  | 00:23:05 (8)  | 00:54:01 (26) | 01:17:06 (22) | 00:14:37 (12) | 01:31:44 | 00:15:28 |
| 21    | 21  |     | 476   | Zörner, Hartwig       | MSV TRIPOINT Ffo.           | 1952M55 (1)  | 00:25:37 (24) | 00:50:20 (18) | 01:15:58 (21) | 00:15:56 (23) | 01:31:54 | 00:15:38 |
| 22    | 22  |     | 493   | Mistareck, Olaf       | TLV Rangsdorf               | 1964M45 (2)  | 00:23:57 (12) | 00:53:52 (25) | 01:17:50 (24) | 00:14:14 (8)  | 01:32:04 | 00:15:48 |
| 23    | 23  |     | 459   | Müller, Wolfgang      | TV Fürstenwalde             | 1954M55 (2)  | 00:25:06 (19) | 00:50:31 (21) | 01:15:37 (20) | 00:16:59 (30) | 01:32:36 | 00:16:20 |
| 24    | 24  |     | 485   | Helbig, Steffen       | WHISMALS                    | 1973M35 (7)  | 00:24:07 (15) | 00:53:47 (24) | 01:17:54 (25) | 00:15:47 (21) | 01:33:42 | 00:17:26 |
| 25    | 25  |     | 453   | Höhn, Martin          | Team Erdinger Alkoholfrei   | 1974M35 (8)  | 00:25:31 (23) | 00:52:12 (23) | 01:17:43 (23) | 00:16:17 (24) | 01:34:01 | 00:17:45 |
| 26    | 26  |     | 478   | Kulling, Ulf          | TV Fürstenwalde 1990 e. V.  | 1967M40 (5)  | 00:25:45 (25) | 00:52:09 (22) | 01:17:55 (26) | 00:16:40 (26) | 01:34:36 | 00:18:20 |
| 27    | 27  |     | 483   | Papendieck, Ralf      | Schwedter Hasen             | 1965M40 (6)  | 00:23:33 (10) | 00:57:57 (28) | 01:21:31 (27) | 00:15:05 (15) | 01:36:36 | 00:20:20 |
| 28    | 1   |     | 481   | Werner, Jennifer      | Tri Team Berlin             | 1977W30 (1)  | 00:28:12 (30) | 00:55:03 (27) | 01:23:15 (28) | 00:16:33 (25) | 01:39:49 | 00:23:33 |
| 29    | 28  |     | 451   | Gaede, Marcus         | Berlin                      | 1964M45 (3)  | 00:26:52 (29) | 00:58:34 (30) | 01:25:27 (29) | 00:16:45 (27) | 01:42:12 | 00:25:56 |
| 30    | 29  |     | 454   | Koepenik, Henner      | SV Berlin Chemie            | 1940M65 (1)  | 00:31:12 (33) | 00:57:59 (29) | 01:29:11 (30) | 00:18:15 (31) | 01:47:26 | 00:31:10 |
| 31    | 30  |     | 450   | Franke, Norbert       | SV Stahl Hennigsdorf        | 1950M55 (3)  | 00:26:51 (27) | 01:05:42 (33) | 01:32:33 (32) | 00:16:53 (29) | 01:49:27 | 00:33:11 |
| 32    | 2   |     | 460   | Präger, Dagmar        | TSG Seelow                  | 1964W45 (1)  | 00:30:36 (32) | 01:00:19 (31) | 01:30:56 (31) | 00:19:17 (32) | 01:50:13 | 00:33:58 |
| 33    | 31  |     | 470   | Schmitz, Manfred      | SV Stahl Hennigsdorf        | 1959M50 (3)  | 00:30:12 (31) | 01:02:52 (32) | 01:33:05 (33) | 00:20:35 (33) | 01:53:40 | 00:37:25 |
| 34    | 32  |     | 324   | Nickel, Hans-Jürgen   | TV Fürstenwalde 1990        | 1947M60 (1)  | 00:35:53 (34) | 01:23:24 (34) | 01:59:18 (34) | 00:24:34 (34) | 02:23:52 | 01:07:36 |